

ROLE PURPOSE: Occupational Therapist

The role of an occupational therapist is to work with a case load of customers to help them achieve a fulfilled and satisfied state in life through the use of "purposeful activity or interventions designed to achieve functional outcomes which promote health, prevent injury or disability and which develop, improve, sustain or restore the highest possible level of independence. Occupational Therapists assess patient's abilities and work together with a multi-disciplinary team to assist them in identifying a suitable occupation and achieve targets allowing customers to work in that occupation.

Key Focus	Key Performance Indicators
Clinical Requirement / Responsibilities	<ul style="list-style-type: none"> • Able to accept clinical responsibility for a designated caseload of customer ensuring that resources are allocated in a effective way depending on the needs of the customers • Work effectively with customers with a range of physical barriers and disabilities • A strong focus needs to be maintained on the current / potential occupation of clients and how this relates to their overall health and welling being • Make use of past experience and proven clinical methods to be able to assess customers and produce a set of inspirational rehabilitation outcomes along with a strategy indicating how these outcomes can be met • Based on assessment, deliver a tailored service using the Occupational Therapy process (screen referrals, assess and plan treatment programmes, implement and evaluate treatment programmes, monitor and discharge) and core skills • To plan and implement treatment programmes with clearly established patient centered goals and objectives • It is vital that all recommendations are based on occupational performance and a risk assessment of the customers own environment and situation • Utilise a range of verbal and non-verbal tools / strategies to communicate information effectively to both customers and to colleagues in a simple manner which leads to a clear understanding of rehabilitation requirements • Make use of motivational techniques in order to motivate and persuade customers to engage in the employability and rehabilitation process • Therapists be also be required to collaborate with employers to modify the work environment so that work can be successfully completed • Use investigative and analytical skills to formulate and manage the rehabilitation in a dynamic and effective fashion • To record sessions accurately via written reports and timely and in a timely manner • To act as a consultant to the multidisciplinary team providing knowledge, support and guidance to ensure that customers benefit from a coherent and holistic service • Where OT's works with people with mental health disorders or learning disabilities, they prepare these people to return to as full a life as possible in the community. This may involve working closely with Work Psychologists in order or to develop behavioural programmes linked to specific employability related outcomes • Ensure that OT's keep up to date with the latest developments in the field and feed these in to the practical work where required.

Core Values	<ul style="list-style-type: none"> • Have a high level of respect and appreciation of people's individuality, leading to the promotion of personal identifies of customers. • Have strong commitment to delivering the best practice possible which is underpinned by sound theory and evidence • Confident in dealing with conflicts and be able to defuse potentially volatile situations leading to positive outcomes • Able to impart difficult and unwelcome information regarding outcomes with the aim of suggesting a strategy for development • Have strong listening skills in order to understand customers needs, values, interests and aspirations
Professional Ethics	<ul style="list-style-type: none"> • Ensure that professional ethics are followed in accordance with professional bodies such as the College of Occupational Therapists (C.O.T) • To comply with all health, safety and risk assessment procedures • To respect the individuality, values, cultural and religious diversity of clients and contribute to the provision of a service which is sensitive to their needs
Communication	<ul style="list-style-type: none"> • Makes use of the ability to develop a rapport with clients / customers and demonstrate understanding to their individual situations. • The capability to work in a collaborative manner in order to assist with achieving customers work related targets. • Adapt communication style to meet individual requirements.
General	<ul style="list-style-type: none"> • Deliver any other reasonable adhoc requests from line manager • Flexible to needs of the service provided and to the needs of the team

Judgement/Decisions

- Identify specific physical barriers to employment and produce a strategy which will allow the patient to overcome these barriers
- Assess which occupation is most suited to customers given barriers identified
- Ensure that any strategy administered is assessed against the personal goals of the patient along with the suitability of occupational targets
- Monitor and analyse the progress of customers and adjust strategies to suit

Role related knowledge, skills, qualifications and experience required

- BSc (Hons) or MSc in Occupational Therapy or equivalent qualification Occupational Therapy qualification approved by the Health Professions Council (HPC)
- Min 5 years experience post qualification
- Knowledge of clinical audit processes, standard setting along with OT models of assessment, core skills and outcome measures.
- An Understanding of Occupational Therapy process and core skills
- Able to apply relevant theory and models of Occupational Therapy practice
- Awareness of equality and diversity issues
- enthusiasm, sensitivity and patience;
- good creative and practical skills;
- decision-making and organisational skills;
- the ability to explain, persuade, encourage and build confidence
- Strong relationship-builder, both internally and externally
- Strong organisational skills and ability to be dynamic
- Calm under pressure and innovative
- Able to self motivate